



COLONOSCOPY INSTRUCTIONS WITH *SPLIT DOSE*

READ INSTRUCTIONS IN THE NEXT 1-2 DAYS. CALL FOR QUESTIONS.

5-7 Days Prior To Procedure	3 Days Prior To Procedure	1 Day Prior To Procedure	Day of Procedure
<p>Ensure you have the Prep</p> <p>Stop all supplements and herbs such as fish oil, iron, vitamins</p> <p>Stop blood thinners* such as Aspirin, NSAIDS, Aggrenox, Effient, Plavix, Pletal, Pradaxa, Ticlid, Coumadin</p> <p><i>*Discuss with managing physician</i></p>	<p>Stop high fiber diet such as nuts, seeds, peels, popcorn</p>	<p>Only clear liquid diet today</p> <p>No Alcohol</p> <p>No solid food, milk or dairy, red or purple colored liquids</p> <p>Drink plenty of liquids</p> <p>For diabetics: Half dose insulin Monitor blood sugars closely</p> <p>First half of the prep at 5 PM</p>	<p>Second half of the prep 4 hours prior to procedure time</p> <p>No diabetic medications in AM</p> <p>No diuretic blood pressure medications in AM</p> <p>Nothing by mouth after prep</p> <p>Wear comfortable clothes</p>

Examples of Clear Liquids (No red or purple coloring)

- Water
- Clear broth (chicken, beef, vegetable)
- Clear juices (apple, white grape, white cranberry)
- Soft drinks (Sprite, 7 UP)
- Sport drinks (Gatorade, Powerade)
- Black coffee
- Black/green tea
- Jello
- Popsicles
- Flavored drinks (Crystal Light, Mio)

Your procedure will be performed by Doctor: _____

Address: _____

Date of procedure: _____ Arrive at: _____ AM/PM

Comments: _____

SUTAB[®]

(sodium sulfate, magnesium sulfate, and potassium chloride)
Tablets

1.479 g/0.225 g/0.188 g



On the Day Before Your Procedure

What You **CAN** Do

-
- You may have clear liquids.

What You **CANNOT** Do

- Do not drink milk or eat or drink anything colored red or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking SUTAB.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

Liquids That Are **OK** to Drink

- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Chicken broth
- Clear soda (such as ginger ale)

Note

- SUTAB is an osmotic laxative indicated for cleansing of the colon in preparation for colonoscopy in adults.
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUTAB may affect how other medicines work.
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUTAB.
- The most common adverse reactions after administration of SUTAB were nausea, abdominal distension, vomiting, and upper abdominal pain.
- Contact your healthcare provider if you develop significant vomiting or signs of dehydration after taking SUTAB or if you experience cardiac arrhythmias or seizures.
- If you have any questions about taking SUTAB, call your doctor.

The Dosing Regimen

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

DOSE 1—On the Day Prior to Colonoscopy

Take the tablets with water

At 5 p.m.

STEP 1 Open 1 bottle of 12 tablets.

STEP 2 Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.



Tablets not shown actual size.

IMPORTANT: If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

Drink additional water

STEP 3 Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4 Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

DOSE 2—Day of the Colonoscopy

- Continue to consume only clear liquids until after the colonoscopy.
- The morning of colonoscopy ~~5 to 8~~ ⁶ hours prior to the colonoscopy and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets.
- Repeat STEP 1 to STEP 4 from Dose 1.



Tablets not shown actual size.

IMPORTANT: You must complete all SUTAB tablets and required water at least 2 hours before colonoscopy.

Please read the full Prescribing Information and Medication Guide in the kit.

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