

COLONOSCOPY INSTRUCTIONS WITH SPLIT DOSE

READ INSTRUCTIONS IN THE NEXT 1-2 DAYS. CALL FOR QUESTIONS.

5-7 Days Prior	3 Days Prior To	1 Day Prior To	Day of Procedure
To Procedure	Procedure	Procedure	
Ensure you have the Prep Stop all supplements and herbs such as fish oil, iron, vitamins Stop blood thinners* such as Aspirin, NSAIDS, Aggrenox, Effient, Plavix, Pletal, Pradaxa, Ticlid, Coumadin *Discuss with managing physician	Stop high fiber diet such as nuts, seeds, peels, popcorn	Only clear liquid diet today No Alcohol No solid food, milk or dairy, red or purple colored liquids Drink plenty of liquids For diabetics: Half dose insulin Monitor blood sugars closely First half of the prep at 5 PM	Second half of the prep 4 hours prior to procedure time No diabetic medications in AM No diuretic blood pressure medications in AM Nothing by mouth after prep Wear comfortable clothes

Examples of Clear Liquids (No red or purple coloring)

Water

Clear broth (chicken, beef, vegetable)

Clear juices (apple, white grape, white cranberry)

Soft drinks (Sprite, 7 UP)

Sport drinks (Gatorade, Powerade)

Black coffee

Black/green tea

Jello

Popsicles

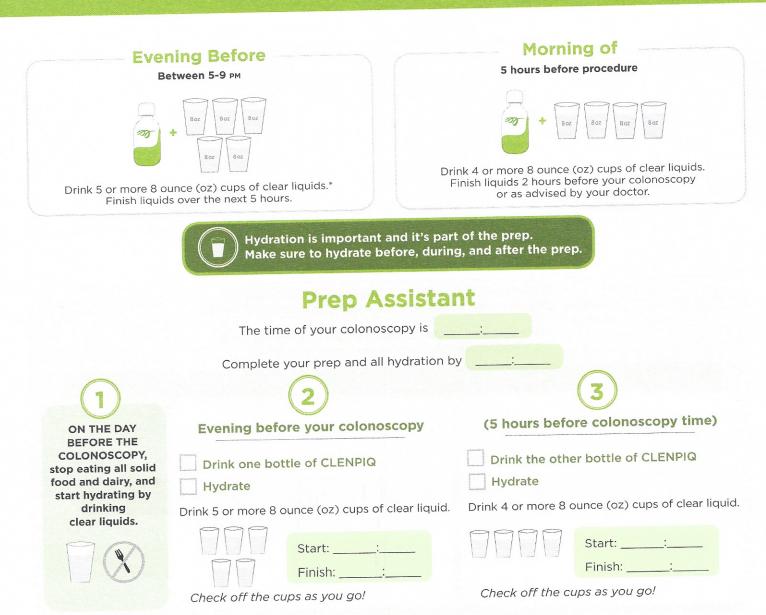
Flavored drinks (Crystal Light, Mio)



and anhydrous citric acid) Oral Solution

HOW TO TAKE CLENPIQ: DRINK, HYDRATE, REPEAT

SPLIT-DOSE REGIMEN



^{*}After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve. Please see reverse page for additional information about CLENPIQ, the importance of a clear liquid diet, and hydration.

INDICATION

CLENPIQ® is a prescription medicine used by adults and children 9 years and older to clean the colon before a colonoscopy. CLENPIQ cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

IMPORTANT SAFETY INFORMATION

- Do not take CLENPIQ if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in CLENPIQ.
- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDS).

See Important Safety Information continued on the back.